ALL SAINTS’ EPISCOPAL CHURCH
San Diego, California

The First Sunday in
LENT

March 1st, 2020
10:30 AM | Solemn Mass
Welcome to All Saints’, especially if you are a newcomer or visitor! Please help us to get to know you by introducing yourself to one of the clergy and joining us for fellowship in the Parish Hall following the Mass.

We hope that you will find in this bulletin everything you need to make your visit to our community a joyful one. In it you will find the text for all of the Mass’ prayers, readings, and music. If the tune for a hymn or the service music is unfamiliar, the musical score of notes and text can be found in the red hymnal at the number provided in the bulletin.

The directions given in this booklet to stand, sit, and kneel are offered as guidelines to those who are able. The symbol + indicates when to make the sign of the Cross. It is also customary to make a discreet bow at the name of Jesus.

It is customary at All Saints’ to observe reverent silence before Mass and you are encouraged to take this opportunity to prepare for worship with quiet reflection and prayer. As a friendly reminder, please turn off all electronic devices that might disrupt worship.

It is our pleasure to welcome children of all ages to every liturgy. Knowing that a longer service can be a challenge for some, there are several options we hope will help. There are quiet bags with books, crayons, and coloring sheets available at the back of the Church and it is perfectly acceptable for those needing to stretch their legs to step out into our courtyard for a bit. Also, there is a nursery in the rear of the Parish Hall with a TV that provides a feed from the church, allowing the service to be followed remotely.

In the interest of security, please keep purses and other valuables with you at all times.

If you have any other questions or need assistance at any time, please speak to one of the greeters at the Church entrance or to anyone wearing a red name tag.

On the cover: Temptation of Jesus by the Devil in the wilderness.
ALL SAINTS' MISSION STATEMENT
"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

TODAY

8:00am  Low Mass, Church
9:00am  Coffee Hour, Parish Hall
10:30am  Solemn Mass, Church
12:00pm  Coffee Hour, Parish Hall

CELEBRANT:  The Rev. Carlos Expósito, Rector

MASS SETTING:  Missa Pententialis

ORGAN VOLUNTARY
    Meditation    Louis Vierne
THE GREAT LITANY — Please stand
Please refer to the separate Great Litany insert.

KYRIE (Missa Penitentialis)

THE COLLECT OF THE DAY

The Lord be with you.
All: And with thy spirit.
Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan; Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever.

All: Amen.

2 | Solemn Mass
FIRST READING  Genesis 2:4b-9, 15-17, 25-3:7 — Please be seated

A Reading from the Book of Genesis:

In the day that the L ORD God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up—for the L ORD God had not caused it to rain upon the earth, and there was no man to till the ground; but a mist went up from the earth and watered the whole face of the ground—then the L ORD God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living soul. And the L ORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. And out of the ground the L ORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

The L ORD God took the man and put him in the garden of Eden to till it and keep it. And the L ORD God commanded the man, saying, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

And the man and his wife were both naked, and were not ashamed. Now the serpent was more subtle than any other wild creature that the L ORD God had made. He said to the woman, “Did God say, ‘You shall not eat of any tree of the garden’?” And the woman said to the serpent, “We may eat of the fruit of the trees of the garden; but God said, ‘You shall not eat of the fruit of the tree which is in the midst of the garden, neither shall you touch it, lest you die.’ ” But the serpent said to the woman, “You will not die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves aprons.

The Word of the Lord.
All:  Thanks be to God.
PSALM 51:1-13 — Sung by the Choir

Have mercy on me, O God, according to your loving-kindness; *
in your great compassion blot out my offenses.

Wash me through and through from my wickedness *
and cleanse me from my sin.

For I know my transgressions, *
and my sin is ever before me.

Against you only have I sinned *
and done what is evil in your sight.

And so you are justified when you speak *
and upright in your judgment.

Indeed, I have been wicked from my birth, *
a sinner from my mother's womb.

For behold, you look for truth deep within me, *
and will make me understand wisdom secretly

Purge me from my sin, and I shall be pure; *
wash me, and I shall be clean indeed.

Make me hear of joy and gladness, *
that the body you have broken may rejoice.

Hide your face from my sins *
and blot out all my iniquities.

Create in me a clean heart, O God, *
and renew a right spirit within me.
Cast me not away from your presence *
and take not your holy Spirit from me.

Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.

SECOND READING Romans 5:12-21

A Reading from the Letter of Paul to the Romans.

Therefore as sin came into the world through one man and death through sin, and so death spread to all men because all men sinned sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose sins were not like the transgression of Adam, who was a type of the one who was to come.

But the free gift is not like the trespass. For if many died through one man’s trespass, much more have the grace of God and the free gift in the grace of that one man Jesus Christ abounded for many. And the free gift is not like the effect of that one man’s sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of one man’s trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ.

Then as one man’s trespass led to condemnation for all men, so one man’s act of righteousness leads to acquittal and life for all men. For as by one man’s disobedience many were made sinners, so by one man’s obedience many will be made righteous. Law came in, to increase the trespass; but where sin increased, grace abounded all the more, so that, as sin reigned in death, grace also might reign through righteousness to eternal life through Jesus Christ our Lord.

The Word of the Lord.

All: Thanks be to God.
GOSPEL ACCLAMATION — Please stand

Praise and honour to thee, Lord Jesus Christ!

All sing: Praise and honour to thee, Lord Jesus Christ!
One does not live on bread alone, but on every word that comes forth from the mouth of God.

All sing: Praise and honour to thee, Lord Jesus Christ!

THE HOLY GOSPEL Matthew 4:1-11

The Lord be with you.

All: And with thy spirit.

+ The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory be to thee, O Lord.

After His baptism, Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And he fasted forty days and forty nights, and afterward he was hungry. And the tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written,

‘Man shall not live by bread alone, but by every word that proceeds from the mouth of God.’ ”

Then the devil took him to the holy city, and set him on the pinnacle of the temple, and said to him, “If you are the Son of God, throw yourself down; for it is written,

‘He will give his angels charge of you,’ and ‘On their hands they will bear you up, lest you strike your foot against a stone.’ ”

Jesus said to him, “Again it is written, ‘You shall not tempt the Lord your God.’ ”

Again, the devil took him to a very high mountain, and showed him all the kingdoms of the world and the glory of them; and he said to him, “All
these I will give you, if you will fall down and worship me.” Then Jesus said to him, “Begone, Satan! for it is written,

‘You shall worship the Lord your God and him only shall you serve.’ ”

Then the devil left him, and behold, angels came and ministered to him.

The Gospel of the Lord.

All: Praise be to thee, O Christ.

GOSPEL AFFIRMATION

Six-fold Amen John Rutter

SERMON – Please be seated

The Rev. Carlos Expósito
I believe in one God,

All sing: The Father Almighty,

maker of heaven and earth,
and of all things visible and invisible.

And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation

came down from heaven,

and was incarnate by the Holy Ghost
of the Virgin Mary,
and was made man;

and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,

to judge both the quick and the dead;
whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshipped
and glorified;
Who spake by the Prophets.
And I believe one Holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
+ and the life of the world to come. Amen.
PEACE

The Peace of the Lord be always with you.

All: And with thy Spirit.

*Please stand and exchange a sign of the peace of Jesus Christ with your immediate neighbors by greeting one another and saying: “Peace be with you.”*

OFFERTORY SENTENCE

I beseech you, brethren, by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Romans 12:1

OFFERTORY ANTHEM

Create in Me a Clean Heart, O God Carl Mueller

Create in me a clean heart, O God,
And renew a right spirit within me.
Cast me not away from thy presence;
And take not thy holy spirit from me.
Restore unto me the joy of thy salvation,
and uphold me with thy free spirit.
Then will I teach transgressors thy ways;
And sinners shall be converted unto thee.
Create in me a clean heart, O God!

Psalm 51:10-13
THE OFFERTORY PRAYER — Please stand

Lord, accept the gifts thy Church offers thee with joy, since in fulfillment of thy will thy Son offered himself as a lamb without blemish for the life of the world. Grant this through Christ our Lord.

All:  Amen.

DOXOLOGY

All sing:  Praise God from whom all blessings flow:
Praise him, all creatures here below;
Praise him above, ye heavenly hosts,
Praise Father, Son and Holy Ghost.
Amen.

OFFERTORY HYMN — Song 67 (#404)  Please stand

SONG 67

In moderate time

Orlando Gibbons, 1623

1 My God, accept my heart this day, And make it always thine,
2 Before the cross of him who died, Behold, I prostrate fall;
3 Anoint me with thine heavenly grace, And seal me for thine own,

That I from thee no more may stray, No more from thee decline.
Let every sin be crucified, And Christ be all in all.
That I may see thy glorious face, And worship near thy throne. Amen.

4 Let every thought and work and word,
   To thee be ever giv’n;
Then life shall be thy service, Lord,
And death the gate of hea’n. Amen.

Matthew Bridges, 1848, alt.
LITURGY OF THE HOLY EUCHARIST

Pray Brethren,
that my sacrifice and yours may be acceptable to God,
the Almighty Father.

All: May the Lord receive the sacrifice at thy hands,
to the praise and glory of His Name,
to our benefit and that of all His Holy Church.

EUCHARISTIC PRAYER

The Lord be with you.

All: And with thy spirit.

Lift up your hearts.

All: We lift them up unto the Lord.

Let us give thanks unto our Lord God.

All: It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, everlasting God.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; ever more praising thee, and saying:
SANCTUS ET BENEDICTUS (Missa Penitentialis)

Holy, Holy, Holy, Lord

God of hosts, Heaven and earth are full

of thy glory: Glory be to thee, O Lord Most High. Amen.

Blessed is he that cometh in the Name of the Lord.

Hosanna in the highest.
PRAYER OF CONSECRATION — Please kneel

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, “Take, eat, this is my Body, which is given for you. Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.
And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All sing  **AMEN.**

**THE LORD’S PRAYER** *(Hymnal #722)*

And now, as our Savior Christ hath taught us, we are bold to say:

*All sing:*  

Our Father, who art in heaven,  
  hallowed be thy Name,  
  thy kingdom come,  
  thy will be done,  
  on earth as it is in heaven.  
  Give us this day our daily bread.  
  And forgive us our trespasses,  
  as we forgive those who trespass against us.  
  And lead us not into temptation,  
  but deliver us from evil.  
  For thine is the kingdom, and the power, and the glory,  
  for ever and ever.  **Amen.**

Christ our Passover is sacrificed for us;

*All:*  

Therefore let us keep the feast.
**HIC EST VERUM PANIS**

Whoever eateth this bread shall live forever.

*All:* Whoever eateth this bread shall live forever.

This is the true bread which cometh down from heaven and giveth life to the world

*All:* Whoever eateth this bread shall live forever.

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**PRAYER OF HUMBLE ACCESS**

*All:* We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies.

We are not worthy so much as to gather up the crumbs under thy Table.

But thou art the same Lord whose property is always to have mercy.

Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, And to drink his blood, that we may evermore dwell in him and he in us. *Amen.*

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**THE INVITATION**

Behold the Lamb of God, +

behold Him that taketh away the sins of the world.

*All:* Lord I am not worthy that thou shouldest come under my roof, but speak the word only, and my soul shall be healed.

*All baptized Christians are invited to come forward for communion.*

*Those who are unable to receive communion, or do not yet receive, are invited to come forward for a blessing. To indicate that you wish to receive a blessing, please cross your arms over your chest rather than holding out your hands.*
COMMUNION HYMN — Please kneel

Olivet (#449)

OLIVET

LOWELL MASON, 1833


dragging

Without

1 My faith looks up to thee, Thou Lamb of Cal - va - ry,
2 May thy rich grace impart Strength to my fainting heart,
3 While life's dark maze I tread, And griefs around me spread,
4 Savour divine! Now hear me while I pray, Take all my

My zeal inspire; As thou hast died for me, O may my
Be thou my guide; Bid darkness turn to day; Wipe sorrow's

guilt away; O let me from this day Be wholly thine.
love to thee Pure, warm, and changeless be, A living fire.
tears away; Nor let me ever stray From thee aside. A-men.

*4 When ends life's transient dream,
  When death's cold, sullen stream
    Shall o'er me roll;
  Blest Saviour, then in love,
  Fear and distrust remove;
  O bear me safe above,
   A ransomed soul. Amen.

RAY PALMER, 1830

16 | Solemn Mass
POST COMMUNION PRAYER — Please kneel

Almighty and everliving God,

All:  We most heartily thank Thee
      for that Thou dost feed us,
      in these Holy mysteries,
      with the spiritual food of the most precious
      Body and Blood of Thy Son our Savior Jesus Christ;
And dost assure us thereby of Thy favor
      and goodness towards us;
And that we are very members incorporate
      in the mystical body of Thy Son,
      the blessed company of all faithful people;
And are also heirs, through hope,
      of Thy everlasting kingdom.
And we humbly beseech Thee, O heavenly Father,
      so to assist us with Thy grace,
      that we may continue in that Holy fellowship,
      and do all such good works as Thou
      hast prepared for us to walk in;
Through Jesus Christ our Lord,
      to whom, with Thee and the Holy Ghost,
      be all honor and glory,
      world without end.  Amen.

PRAYER OVER THE PEOPLE

Bow down before the Lord.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord.

All:  Amen.
COMMISSIONING OF THE NEW VESTRY

The newly elected and appointed leaders gather at the front of the chancel.

Presenter: On behalf of the congregation of All Saint’s Episcopal Church in San Diego, I present: Cree Craig, Derek Fish, John Gray III, Teri Temper, Kay Phillips, Ruby Littler, Todd Muffati, Lucretia Locke, Barbara P. Wilder, Blair Lawson, and Laura Shell for Vestry members.

Celebrant: Have these leaders been elected by the congregation in accordance with the bylaws of our congregation?

Presenter: They have.

Celebrant: (to the new leaders) Do you commit yourselves to carry out the responsibilities of the office to which you have been appointed?

Leaders: I do.

Celebrant: Do you reaffirm your commitment to follow Christ and to serve this congregation in his name?

Leaders: I do.

Celebrant: (to the congregation) Will you do all in your power to support these leaders with your prayers, your honest yet gracious communication with them, and your willingness to help them carry out Christ’s ministry in this church?

Congregation: We will.
**Celebrant:** In the name of this congregation I commission you for this work, and pledge you our prayers, encouragement, and support. Receive this cross as a token of your commitment to this sacred ministry (The celebrant presents each Vestry member with a cross). May the Holy Spirit guide and strengthen you, that in this, and in all things, you may do God’s will in the service of the kingdom of Christ. Amen.

Let us pray.

Almighty God, look with favor upon these persons who have now reaffirmed their commitment to follow Christ and to serve in his name. Give them courage, patience, and vision; and strengthen us all in our Christian vocation of witness to the world, and of service to others; through Jesus Christ our Lord. Amen.

**THE ANGELUS — Please stand**

The Angel of the Lord brought the tidings to Mary:

*All:* And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. *Amen.*

Behold the handmaid of the Lord:

*All:* Be it unto me according to thy word.

*The Hail Mary is repeated as before...*

And the Word was made flesh.

*All:* And dwelt among us.

*The Hail Mary is repeated as before...*
Pray for us, O holy Mother of God.

All: That we may be made worthy of the promises of Christ.

Let us pray.

We beseech thee O Lord, pour thy grace into our hearts: That as we have known the incarnation of thy son Jesus Christ by the message of an angel, so by His cross and passion + we may be brought to the glory of His resurrection. Through the same Christ our Lord.

All: Amen.

DISMISSAL

Let us go forth in the name of Christ.

All: Thanks be to God.

RECESSIONAL HYMN

Cwm Rhondda
hold me with thy powerful hand;
bread of heaven,
lead me all my journey through;
strong deliverer,
land me safe on Canaan’s side;
songs of praises,

bread of heaven, feed me now and ever more,
strong deliverer, be thou still my strength and shield,
songs of praises, I will ever give to thee,

more, feed me now and ever more.
be thou still my strength and shield.
I will ever give to thee.

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt.
Music: Cwm Rhondda, John Hughes (1873-1932)

ORGAN VOLUNTARY

Voluntary on the Kyrie (Missa de Angelis) Michael Joseph
TODAY

COFFEE HOUR
Please join us in the Parish Hall after Mass for fellowship and refreshments.

LENTEN EVENTS IN MARCH

LENTEN STUDY GROUP
TUESDAYS AT 11:00am

A Lenten Study group will meet at 11am in the Library to study The Way of Love, led by Fr. Carlos, during the five Tuesdays in Lent, starting on Tuesday, March 3. Copies of the curriculum will be available. If you are unable to attend, copies are available in the church office.

WAY OF THE CROSS PILGRIMAGE
FRIDAYS AT 12:30pm

In the church after Noonday Prayer at 12:00pm, and will be followed by a potluck luncheon in the flower room.

LENTEN DAILY DEVOTIONS

The Episcopal Relief and Development Organization has prepared a booklet of Lenten daily devotions. They are now available for every parishioner at the tables in the front and back of the church. All are encouraged to make use of it at home.

1 | Parish News & Notes
COME AND SEE

- Noon Prayer
  Wednesdays, Thursdays and Fridays in the Chapel at noon:

- Contemplative Prayer
  Wednesdays in the Chapel at 6:30pm

Note that these worship times can be led by laity, so if anyone feels called to lead, please, let Fr. Carlos know. Invite family, friends and neighbors to join us.

SOCIAL ACTION COMMITTEE PROJECTS

SOCIAL ACTION COMMITTEE PROJECTS

SALVATION ARMY FOOD PANTRY

When grocery shopping this week please add some items requested by the San Diego Centre City Corps to your cart which are:

- cans of soup with pop top lids
- Vienna sausages
- Dinty Moore Beef Stew
- Slim Jim beef sticks
- small jars of peanut butter
- nuts and crackers

Whether you are donating a case of soup, or a can of soup, we are grateful and blessed by your participation in this ministry. Place your donated items in the green wagon in the back of the church.

SOCIETIES OF MARY DAY OF DEVOTION

All are invited to join the Societies of Mary for their monthly day of devotion on Saturday, March 7. We will begin in the Chapel with Rosary at 11:00am and Mass to follow at 11:30am. After mass we will adjourn to the Parish Hall for a potluck lunch. Father Expósito will be the celebrant and join the gathering

Last names beginning with:
- A-G Please bring a ENTRÉE
- H-M Please bring a DESSERT
- N-Z Please bring an SALAD

Parish News & Notes | 2
45-DAY SWEATS AND T-SHIRT DRIVE

Partnering with Scripps Mercy offers us an opportunity to do good works in a tangible way that meets the needs of homeless people who often do not have suitable clothes to wear at discharge. Our goal is to deliver 500+ items to Scripps Mercy Hospital this spring.

Not sure where to purchase your sweats? Walmart, Target, Costco and Amazon have reasonably priced clothing in stock. Monetary donations are always welcome (there are envelopes on the back table).

Our Donation Drive runs through mid-March 2020. The SAC will schedule a time to drop-off our items in late March/early April. Join us on delivery day!

In Service,
Tamela Dreyer, Barbara Wilder, Kay Philips, Lynette Blakney, Todd Muffatti

PARISH STATISTICS
Sunday Attendance
2019 Average: 67
2020 Average: 67
Last Week, February 23: 73
CAMPUS SAFETY
During the 8am and 10:30am Mass the doors to the Parish Hall and the Parish Offices will be locked. If you need to use the facilities during Mass please see an usher who will direct you to the available bathrooms.

BRING YOUR FAVORITE TREAT FOR COFFEE HOUR
You can help to make our coffee hour after the 8:00am and 10:30am Mass a special time of fellowship by signing up to bring a favorite treat. Choose your Sunday and bring a treat to share such as fruit, bagels and cream cheese, coffee cake, pie, muffins. A sign up sheet is next to the plastic cutlery. Make our coffee hour a “TREAT”.

See Kay Phillips or Judy Mowers if you would like a cake celebrating a special birthday, anniversary, baptism, etc. or for other inquiries please contact: Louise Lawson in the Parish Office at 619-298-7729.

THE PULSE OF THE PARISH
“Listen.” Thus begins the Rule of St. Benedict, and here at All Saints’ the Rector, Wardens, & Vestry are committed to following his example in order to open lines of communications with all our Parishioners. With this in mind, please feel free to let us know your suggestions, concerns, & questions using the Pulse of the Parish suggestion box located in the Parish Hall. The Senior Warden will manage and relay all messages to Vestry for consideration.

ALCOHOLICS ANONYMOUS
All Saints’ is pleased to host four AA meetings each week:

Experience, Strength and Hope
Monday at 6:00pm — Parish Hall

Ladies’ Group
Friday at 8:00pm — Fireside Room

Men’s Group
Friday at 8:15pm—Parish Hall

Little Apple Group
Sunday at 7pm—Parish Hall.

For more information please contact the Parish Office.
**Parish Calendar**

Monday, March 2, to Sunday, March 8, 2019

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<td>6:00pm</td>
<td>A.A. Group (Parish Hall)</td>
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<th>Tuesday</th>
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<td>11:00am</td>
<td>Lenten Study (Library)</td>
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<td>Noon</td>
<td>MASS (St. Mary Chapel)</td>
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<thead>
<tr>
<th>Wednesday</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td></td>
<td>Noon</td>
<td>Noon Prayer (St. Mary Chapel)</td>
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<tr>
<td></td>
<td>6:30pm</td>
<td>Contemplative Prayer-St. Mary Chapel</td>
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<tr>
<th>Thursday</th>
<th>Time</th>
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<tr>
<td></td>
<td>Noon</td>
<td>Noon Prayer (St. Mary Chapel)</td>
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<tr>
<td></td>
<td>12:30pm</td>
<td>Way of the Cross Pilgrimage (Church)</td>
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<tr>
<td></td>
<td>1:00pm</td>
<td>Potluck Lunch (Flower Room)</td>
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<tr>
<td></td>
<td>8:00pm</td>
<td>A.A. (Ladies)- Fireside Room</td>
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<tr>
<td></td>
<td>8:15pm</td>
<td>A.A. (Men)—Parish Hall</td>
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<th>Saturday</th>
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<tr>
<td></td>
<td></td>
<td>Society of Mary Day of Devotion</td>
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<tr>
<td></td>
<td>11:00am</td>
<td>Rosary (St. Mary Chapel)</td>
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<tr>
<td></td>
<td>11:30am</td>
<td>MASS (St. Mary Chapel)</td>
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<tr>
<td></td>
<td>Noon</td>
<td>Potluck Lunch (Parish Hall)</td>
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<th>Sunday</th>
<th>Time</th>
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<tbody>
<tr>
<td></td>
<td>8:00am</td>
<td>LOW MASS</td>
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<td></td>
<td>10:30am</td>
<td>SOLEMN MASS</td>
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<td></td>
<td>7:00pm</td>
<td>A.A. (Little Apple Group)—Parish Hall</td>
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The Second Sunday in Lent

<table>
<thead>
<tr>
<th>Next Sunday's Readings</th>
<th>First</th>
<th>Genesis 12:1-8</th>
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<tbody>
<tr>
<td></td>
<td>Psalm</td>
<td>33:12-22</td>
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<tr>
<td></td>
<td>Second</td>
<td>Romans 4:1-17</td>
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<tr>
<td></td>
<td>Gospel</td>
<td>John 3:1-17</td>
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**Birthday Prayer**

Many happy returns of the day of thy birth,
May seasons of joy be given.
May God in his mercy prepare you on earth
Today's Mass is offered to the greater glory of God, Father, Son, and Holy Spirit, and with special intention for those afflicted with the coronavirus in the United States and all other nations and for their doctors and caregivers.

AND WITH BLESSINGS FOR: We pray for thy Holy Catholic Church throughout the world. We pray for the Anglican Communion and Justin, Archbishop of Canterbury; for the Episcopal Church and Michael, Presiding Bishop, Susan our Bishop; and Carlos our rector. We pray for this parish and we also pray for the clergy and people of St. Alban’s in El Cajon.

FOR THOSE SERVING THE COUNTRY: We pray for our Armed Forces serving at home and abroad and for the family and friends who await their safe return. In this parish we pray for: Samuel, Jonathan, Sue, Mark, Alvin, William, Patrick, Dirk, Ethan, and Kyle. We also pray for the Officers, Crew, and families of the USS Bunker Hill, home ported in San Diego.

FOR OUR LOCAL COMMUNITY: We pray for this community, and all who live and work in this area, for our own families, and for our Parish family, that we may grow in faith and love. We pray for the staff, the children and their families of All Saints’ Preschool and we pray for the staff of Community Transition Academy and the families who benefit by their continued devotion. We also pray for those who are unemployed or homeless.

FOR THOSE WHO ARE ILL OR INJURED, FOR THOSE IN NEED OF THE HOLY SPIRIT’S GUIDANCE & COMFORT: Lord, send the Holy Spirit, the comforter to all who are in trouble, sorrow, need, sickness, and those who have asked for our prayers. We especially pray today for: Richard (Priest), Ted (Priest), Jim (Priest), Charles (Priest), Angela, Delaney, Emily, Bernadette, Christine, Bryan, Stephen, Jo Darlene, Lois, Denise, John, Cindy, Edith, Mrs. Tsui, Michael, Jack, Craig, Pamela, the King family, Scott, Joanna, Ellen, Judy, Joan, Victoria, Richard, Mitchell, Melanie, Preston, Grace, Camden, Sue, Randy, Gaby, Ryan, Tony, Lisa, Kevvy, Larry, Bonnie, Laura, Jason, Jennifer, and Kathy Anne.

AND FOR THOSE WHO HAVE DIED RECENTLY,

AND THOSE WHOSE ANNIVERSARIES OCCUR AT THIS TIME: Astrid Lindstrom, Ashley C. Shuler, Patricia Brain, Kenneth Ray, Franklin Wong, June Tuttle, Chuck Haley, Abb Scarbrough Sr., Marlene Wellborn.
**ALL SAINTS’ EPISCOPAL CHURCH**  
625 Pennsylvania Avenue  
San Diego, CA 92103-4321  
Phone: (619) 298-7729  
Fax: (619) 298-7801  
Email: info@allsaintschurch.org  
Website: www.allsaintschurch.org  
Office Hours: Mon. - Fri: 9:00am - 1:00pm

**Rector:** The Rev. Carlos Expósito  
rector@allsaintschurch.org

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<tr>
<th>PARISH STAFF</th>
<th>ALL SAINTS’ VESTRY</th>
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<tbody>
<tr>
<td><strong>Parish Administrator:</strong></td>
<td><strong>Sr. Warden</strong></td>
</tr>
<tr>
<td>Mrs. Louise D. Lawson</td>
<td>Mr. Cree Craig</td>
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<tr>
<td><a href="mailto:administrator@allsaintschurch.org">administrator@allsaintschurch.org</a></td>
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<tr>
<td><strong>Business Administrator:</strong></td>
<td><strong>Jr. Warden</strong></td>
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<tr>
<td>Mrs. Theresa Krist</td>
<td>Mr. Derek Fish</td>
</tr>
<tr>
<td><a href="mailto:finance@allsaintschurch.org">finance@allsaintschurch.org</a></td>
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<tr>
<td><strong>MUSIC</strong></td>
<td><strong>Treasurer:</strong></td>
</tr>
<tr>
<td><strong>Organist &amp; Choirmaster:</strong></td>
<td>Mr. John Gray III</td>
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<tr>
<td>Robert MacLeod</td>
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<tr>
<td><strong>Soprano:</strong> Elizabeth Gaitan</td>
<td>Mr. Blair Lawson</td>
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<tr>
<td><strong>Alto:</strong> Lois Myers</td>
<td>Ms. Ruby Littler</td>
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<tr>
<td><strong>Tenor:</strong> Dennis Williams</td>
<td>Mrs. Lucretia Locke</td>
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<tr>
<td><strong>Baritone:</strong> John White</td>
<td>Mr. Todd Muffatti</td>
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<tr>
<td>ALL SAINTS’ PRESCHOOL</td>
<td>Mrs. Kay Phillips</td>
</tr>
<tr>
<td>3674 Seventh Avenue</td>
<td>Ms. Laura Shell</td>
</tr>
<tr>
<td>San Diego, CA 92103-4321</td>
<td>Ms. Teri Tremper</td>
</tr>
<tr>
<td>Director: Mrs. Renika Battles</td>
<td>Ms. Barbara Wilder</td>
</tr>
<tr>
<td>Phone: (619) 298-1671</td>
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<td><a href="http://www.sdallsaints.com">www.sdallsaints.com</a></td>
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