The Second Sunday in

LENT

March 8th, 2020
10:30 AM | Solemn Mass
Welcome to All Saints’, especially if you are a newcomer or visitor! Please help us to get to know you by introducing yourself to one of the clergy and joining us for fellowship in the Parish Hall following the Mass.

We hope that you will find in this bulletin everything you need to make your visit to our community a joyful one. In it you will find the text for all of the Mass’ prayers, readings, and music. If the tune for a hymn or the service music is unfamiliar, the musical score of notes and text can be found in the red hymnal at the number provided in the bulletin.

The directions given in this booklet to stand, sit, and kneel are offered as guidelines to those who are able. The symbol + indicates when to make the sign of the Cross. It is also customary to make a discreet bow at the name of Jesus.

It is customary at All Saints’ to observe reverent silence before Mass and you are encouraged to take this opportunity to prepare for worship with quiet reflection and prayer. As a friendly reminder, please turn off all electronic devices that might disrupt worship.

It is our pleasure to welcome children of all ages to every liturgy. Knowing that a longer service can be a challenge for some, there are several options we hope will help. There are quiet bags with books, crayons, and coloring sheets available at the back of the Church and it is perfectly acceptable for those needing to stretch their legs to step out into our courtyard for a bit. Also, there is a nursery in the rear of the Parish Hall with a TV that provides a feed from the church, allowing the service to be followed remotely.

In the interest of security, please keep purses and other valuables with you at all times.

If you have any other questions or need assistance at any time, please speak to one of the greeters at the Church entrance or to anyone wearing a red name tag.

On the cover: Jesus and Nicodemus by Crijn Hendricksz (1604-1645), a Dutch artist who painted during the Dutch Golden Age in Rotterdam. He was a followers of Caravaggio who was known for his historical allegories.
ALL SAINTS' MISSION STATEMENT
"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

TODAY

8:00am  Low Mass, Church
9:00am  Coffee Hour, Parish Hall
10:30am  Solemn Mass, Church
12:00pm  Coffee Hour, Parish Hall

CELEBRANT:  The Rev. Carlos Expósito, Rector

MASS SETTING:  Missa Pententialis

ORGAN VOLUNTARY
Hollingside (Jesus, Lover of My Soul)  Alex Rowley
PROCESSIONAL HYMN – Please stand

Hereford

Words: Charles Wesley (1707-1788), alt.

Music: Hereford, Samuel Sebastian Wesley (1810-1876)
THE SALUTATION

Bless the Lord who forgiveth all our sins; +

All: His mercy endureth for ever.

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

All: Amen.

THE DECALOGUE

God spake these words, and said:
I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

All: Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

All: Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain.

All: Lord have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

All: Lord have mercy upon us, and incline our hearts to keep this law.

Honor thy father and thy mother.

All: Lord have mercy upon us, and incline our hearts to keep this law.
Thou shalt do no murder.

All:  Lord have mercy upon us,
      and incline our hearts to keep this law.

Thou shalt not commit adultery.

All:  Lord have mercy upon us,
      and incline our hearts to keep this law.

Thou shalt not steal.

All:  Lord have mercy upon us,
      and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbor.

All:  Lord have mercy upon us,
      and incline our hearts to keep this law.

Thou shalt not covet.

All:  Lord have mercy upon us,
      and write all these thy laws in our hearts, we beseech thee.

THE PENITENTIAL RITE — Please kneel

Let us humbly confess our sins unto Almighty God.

Most merciful God,

All:  We confess that we have sinned against thee
      in thought, word, and deed,
      by what we have done,
      and by what we have left undone.

We have not loved thee with our whole heart;
We have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.

For the sake of thy Son, Jesus Christ,
    have mercy on us and forgive us;
    that we may delight in thy will,
    and walk in thy ways,
    to the glory of thy Name.  Amen.
The Celebrant pronounces the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, + pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

All: Amen.

KYRIE (Missa Penitentialis)
THE COLLECT OF THE DAY

The Lord be with you.

All: And with thy spirit.

Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth an reigneth, one God, for ever and ever.

All: Amen.

FIRST READING   Genesis 12:1-8 — Please be seated

A Reading from the Book of Genesis:

Now the LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. And I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and him who curses you I will curse; and by you all the families of the earth shall bless themselves.”

So Abram went, as the LORD had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran. And Abram took Sarai his wife, and Lot his brother’s son, and all their possessions which they had gathered, and the persons that they had gotten in Haran; and they set forth to go to the land of Canaan. When they had come to the land of Canaan, Abram passed through the land to the place at Shechem, to the Oak of Moreh. At that time the Canaanites were in the land. Then the LORD appeared to Abram, and said, “To your descendants I will give this land.” So he built there an altar to the LORD, who had
appeared to him. Thence he removed to the mountain on the east of Bethel, and pitched his tent, with Bethel on the west and Ai on the east; and there he built an altar to the LORD and called on the name of the LORD.

   The Word of the Lord.

All: Thanks be to God.

PSALM 33:12-22 — Sung by the Choir

Happy is the nation whose God is the LORD! *
   happy the people he has chosen to be his own!

The LORD looks down from heaven, *
   and beholds all the people in the world.

From where he sits enthroned he turns his gaze *
   on all who dwell on the earth.

He fashions all the hearts of them *
   and understands all their works.

There is no king that can be saved by a mighty army; *
   a strong man is not delivered by his great strength.

The horse is a vain hope for deliverance; *
   for all its strength it cannot save.

Behold, the eye of the LORD is upon those who fear him, *
   on those who wait upon his love,

To pluck their lives from death, *
   and to feed them in time of famine.

Our soul waits for the LORD; *
   he is our help and our shield.
Indeed, our heart rejoices in him, *  
for in his holy Name we put our trust.

Let your loving-kindness, O LORD, be upon us, *  
as we have put our trust in you.

SECOND READING  Romans 4:1-17

A Reading from the Letter of Paul to the Romans.

What then shall we say about Abraham, our forefather according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the Scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, his wages are not reckoned as a gift but as his due. And to one who does not work but trusts him who justifies the ungodly, his faith is reckoned as righteousness. So also David pronounces a blessing upon the man to whom God reckons righteousness apart from works:

“Blessed are those whose iniquities are forgiven,  
and whose sins are covered;  
blessed is the man against whom the Lord will not reckon his sin.”

Is this blessing pronounced only upon the circumcised, or also upon the uncircumcised? We say that faith was reckoned to Abraham as righteousness. How then was it reckoned to him? Was it before or after he had been circumcised? It was not after, but before he was circumcised. He received circumcision as a sign or seal of the righteousness which he had by faith while he was still uncircumcised. The purpose was to make him the father of all who believe without being circumcised and who thus have righteousness reckoned to them, and likewise the father of the circumcised who are not merely circumcised but also follow the example of the faith which our father Abraham had before he was circumcised.

The promise to Abraham and his descendants, that they should inherit the
world, did not come through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath, but where there is no law there is no transgression.

That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants—not only to the adherents of the law but also to those who share the faith of Abraham, for he is the father of us all, as it is written, “I have made you the father of many nations”—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.
All: Thanks be to God.

**Gospel Acclamation — Please stand**

Praise and honour to thee, Lord Jesus Christ!

*All sing:* Praise and honour to thee, Lord Jesus Christ!

From the shining cloud the Father’s voice is heard:
This is my beloved Son, hear him.

*All sing:* Praise and honour to thee, Lord Jesus Christ!
Now there was a man of the Pharisees, named Nicodemus, a ruler of the Jews. This man came to Jesus by night and said to him, “Rabbi, we know that you are a teacher come from God; for no one can do these signs that you do, unless God is with him.” Jesus answered him, “Truly, truly, I say to you, unless one is born anew, he cannot see the kingdom of God.” Nicodemus said to him, “How can a man be born when he is old? Can he enter a second time into his mother’s womb and be born?” Jesus answered, “Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you, ‘You must be born anew.’ The wind blows where it wills, and you hear the sound of it, but you do not know where it comes from or where it goes; so it is with every one who is born of the Spirit.” Nicodemus said to him, “How can this be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand this?

“Truly, truly, I say to you, we speak of what we know, and bear witness to what we have seen; but you do not receive our testimony. If I have told you earthly things and you do not believe, how can you believe if I tell you heavenly things? No one has ascended into heaven but he who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

“For God sent the Son into the world, not to condemn the world, but that the world might be saved through him.”
The Gospel of the Lord.

All: Praise be to thee, O Christ.

GOSPEL AFFIRMATION

Six-fold Amen

John Rutter

SERMON – Please be seated

The Rev. Carlos Expósito
I believe in one God,
All sing: The Father Almighty,
        maker of heaven and earth,
        and of all things visible and invisible.
And in one Lord Jesus Christ,
        the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
        came down from heaven,
        and was incarnate by the Holy Ghost
        of the Virgin Mary,
        and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,
        to judge both the quick and the dead;
whose kingdom shall have no end.
And I believe in the Holy Ghost, the Lord, and Giver of Life,
        who proceedeth from the Father and the Son;
who with the Father and the Son together is worshipped
        and glorified;
Who spake by the Prophets.
And I believe one Holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
+ and the life of the world to come.  Amen.
PRAYERS OF THE PEOPLE — Please kneel

Let us pray for the whole state of Christ’s Church and the world.

The response after each bidding:

Lord in thy mercy.

All: Hear our prayer.

After the prayers for the departed have been read:

Rest eternal grant to them, O Lord.

All: And let light perpetual shine upon them.

The celebrant concludes the prayers:

Lord in thy mercy.

All: Hear our prayer.

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever.

All: Amen.

PEACE

The Peace of the Lord be always with you.

All: And with thy Spirit.

Please stand and exchange a sign of the peace of Jesus Christ with your immediate neighbors by greeting one another and saying:

“Peace be with you.”

OFFERTORY SENTENCE

I beseech you, brethren, by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Romans 12:1
OFFERTORY ANTHEM

God So Loved the World (Crucifixion)  
John Stainer

God so loved the world,  
that he gave his only begotten Son,  
that whoso believeth in him should not perish,  
but have everlasting life.

For God sent not his Son into the world  
to condemn the world;  
but that the world through him might be saved.  
John 3:16-17

THE OFFERTORY PRAYER — Please stand

Lord, accept the gifts thy Church offers thee with joy, since in fulfillment of thy will thy Son offered himself as a lamb without blemish for the life of the world. Grant this through Christ our Lord.

All:  
Amen.

DOXOLOGY

All sing:  
Praise God from whom all blessings flow:  
Praise him, all creatures here below;  
Praise him above, ye heavenly hosts,  
Praise Father, Son and Holy Ghost.  
Amen.
OFFERTORY HYMN — Please stand

Rockingham

1 When I survey the wondrous cross where the young
2 Forbid it, Lord, that I should boast, save in the
3 See, from his head, his hands, his feet sorrow and
4 Were the whole realm of nature mine, that were an

Prince of Glory died, my richest gain
I cross of Christ, my God: all the vain things that
love flow mingled down! Did e’er such love and
of offering far too small; love so amazing,

count but loss, and pour contempt on all my pride.
charm me most, I sacrifice them to his blood.
sorrow meet, or thorns compose so rich a crown?
so divine, demands my soul, my life, my all.

Words: Isaac Watts (1674-1748)
Music: Rockingham, from Second Supplement to Psalmody in Miniature, ca. 1970; harm. Edward Miller (1731-1807)
LITURGY OF THE HOLY EUCHARIST

Pray Brethren,
that my sacrifice and yours may be acceptable to God,
the Almighty Father.

All: May the Lord receive the sacrifice at thy hands,
to the praise and glory of His Name,
to our benefit and that of all His Holy Church.

EUCHARISTIC PRAYER

The Lord be with you.

All: And with thy spirit.

Lift up your hearts.

All: We lift them up unto the Lord.

Let us give thanks unto our Lord God.

All: It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all
times, and in all places, give thanks unto thee, O Lord, Holy Father,
Almighty, everlasting God.

Through Jesus Christ our Lord, who was in every way tempted as we are,
yet did not sin; by whose grace we are able to triumph over every evil, and
to live no longer unto ourselves, but unto him who died for us and rose
again.

Therefore with Angels and Archangels, and with all the company
of heaven, we laud and magnify thy glorious Name; ever more
praising thee, and saying:
SANCTUS ET BENEDICTUS (Missa Penitentialis)

Mode 5

Holy, Holy, Holy, Holy, Lord

God of hosts, Heaven and earth are full of thy glory: Glory be to thee, O Lord Most High. Amen.

Blessed is he that cometh in the Name of the Lord.

Hosannas in the highest.
All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, “Take, eat, this is my Body, which is given for you. Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.
And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All sing  **AMEN.**

**THE LORD’S PRAYER (Hymnal #722)**

And now, as our Savior Christ hath taught us, we are bold to say:

All sing:  

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever.  **Amen.**

Christ our Passover is sacrificed for us;

**All:** Therefore let us keep the feast.
\textbf{AGNUS DEI} (Missa Penitentialis)

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O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.
PRAYER OF HUMBLE ACCESS

All: We do not presume to come to this thy Table,
O merciful Lord, trusting in our own righteousness,
but in thy manifold and great mercies.
We are not worthy so much as to gather up the crumbs
under thy Table.
But thou art the same Lord whose property
is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
And to drink his blood,
that we may evermore dwell in him and he in us. Amen.

THE INVITATION

Behold the Lamb of God, +
behold Him that taketh away the sins of the world.

All: Lord I am not worthy that thou shouldest come under my roof,
but speak the word only, and my soul shall be healed.

All baptized Christians are invited to come forward for communion.
Those who are unable to receive communion, or do not yet receive, are invited to
come forward for a blessing. To indicate that you wish to receive a blessing,
please cross your arms over your chest rather than holding out your hands.
Unde et memores

1 And now, O Fa-ther, mind-ful of the love that
bought us, once for all, on Cal-vary’s tree, and hav-ing with us
him that pleads a-bove, we here pre-sent, we here spread
forth to thee, that on-ly of-fering per-fect in thine
faith so dim: for lo! be-tween our
soul’s true weal! From taint-ing mis-chief keep them pure and
touch of ill: in thine own ser-vice make us glad and

2 Look Fa-ther, look on his anoint-ed face, and
on-ly look on us as found in him; look not on our mis-
us-ings of thy grace, our prayer so lan-guird, and our
forth to thee, that on-ly of-fering per-fect in thine
sins and their re-
soul’s true weal! From taint-ing mis-chief keep them pure and
touch of ill: in thine own ser-vice make us glad and

3 And then for those, our dear-est and our best, by
this pre-vail-ing pres-ence we ap-pear! O fold them clos-er
pa-tient Sa-vior, who canst love us still! And by this food, so

4 And so we come; O draw us to thy feet, most

COMMUNION HYMN — Please kneel
**POST COMMUNION PRAYER — Please kneel**

Almighty and everliving God,

**All:** We most heartily thank Thee for that Thou dost feed us, in these Holy mysteries, with the spiritual food of the most precious Body and Blood of Thy Son our Savior Jesus Christ; And dost assure us thereby of Thy favor and goodness towards us; And that we are very members incorporate in the mystical body of Thy Son, the blessed company of all faithful people; And are also heirs, through hope, of Thy everlasting kingdom.

And we humbly beseech Thee, O heavenly Father, so to assist us with Thy grace, that we may continue in that Holy fellowship, and do all such good works as Thou hast prepared for us to walk in; Through Jesus Christ our Lord, to whom, with Thee and the Holy Ghost, be all honor and glory, world without end. *Amen.*
PRAYER OVER THE PEOPLE

Bow down before the Lord.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord.

All:  Amen.

NOTICES — Please be seated
(Birthday Prayer is on page 5 of the Notices)

THE ANGELUS — Please stand

The Angel of the Lord brought the tidings to Mary:

All:  And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou amongst women,
   and blessed is the fruit of thy womb Jesus.
Holy Mary, Mother of God, pray for us sinners,
   now and at the hour of our death.  Amen.

Behold the handmaid of the Lord:

All:  Be it unto me according to thy word.

The Hail Mary is repeated as before...

And the Word was made flesh.

All:  And dwelt among us.

The Hail Mary is repeated as before...

Pray for us, O holy Mother of God.

All:  That we may be made worthy of the promises of Christ.
Let us pray.

We beseech thee O Lord, pour thy grace into our hearts: That as we have known the incarnation of thy son Jesus Christ by the message of an angel, so by His cross and passion + we may be brought to the glory of His resurrection. Through the same Christ our Lord.

All:  

Amen.

DISMISSAL

Let us go forth in the name of Christ.

All:  Thanks be to God.
RECESSIONAL HYMN

Tallis’ Ordinal

Music: Tallis’ Ordinal, Thomas Tallis (1505?-1585)

Words: Epistle to Diognetus, ca. 150; tr. F. Bland Tucker (1895-1984), rev.

ORGAN VOLUNTARY

The Old Hundredth Johann Walther
Please join us in the Parish Hall after Mass for fellowship and refreshments.

**Lenten Study Group**
**Tuesdays at 11:00am**

A Lenten Study group will meet at 11am in the Library to study The Way of Love, led by Fr. Carlos, during the five Tuesdays in Lent, starting on Tuesday, March 3. Copies of the curriculum will be available. If you are unable to attend, copies are available in the church office.

**Way of the Cross Pilgrimage**
**Fridays at 12:30pm**

In the church after Noonday Prayer at 12:00pm, and will be followed by a potluck luncheon in the flower room.

**Lenten Daily Devotions**

The Episcopal Relief and Development Organization has prepared a booklet of Lenten daily devotions. They are now available for every parishioner at the tables in the front and back of the church. All are encouraged to make use of it at home.
COME AND SEE

- Noon Prayer
  Wednesdays, Thursdays and Fridays in the Chapel at noon:

- Contemplative Prayer
  Wednesdays in the Chapel at 6:30pm

Note that these worship times can be led by laity, so if anyone feels called to lead, please, let Fr. Carlos know. Invite family, friends and neighbors to join us.

KEEPING A HEALTHY CHURCH

As reports of coronavirus increase in the United States and elsewhere, we at All Saints’ have some suggestions for our parishioners regarding liturgical practices.

- At the peace and at coffee hour, consider asking people to bow to one another, touch elbows or wave and extend verbal greetings of peace rather than shaking hands or hugging
- Some people prefer to instict (dipping the bread into the wine at communion) rather than drinking from the common cup, but this practice may introduce germs from unwashed fingers into the common cup. Note that a person who chooses to receive communion in only one kind (bread or wine) is considered to have received the full benefits of communion.
- Alcohol-based liquid hand sanitizer will be available at various locations around the church and campus.

SOCIAL ACTION COMMITTEE PROJECTS

SALVATION ARMY FOOD PANTRY

When grocery shopping this week please add some items requested by the San Diego Centre City Corps to your cart which are:

- cans of soup with pop top lids
- Vienna sausages
- Dinty Moore Beef Stew
- Slim Jim beef sticks
- small jars of peanut butter
- nuts and crackers
Whether you are donating a case of soup, or a can of soup, we are grateful and blessed by your participation in this ministry. Place your donated items in the green wagon in the back of the church.

**45-DAY SWEATS AND T-SHIRT DRIVE**
Partnering with Scripps Mercy offers us an opportunity to do good works in a tangible way that meets the needs of homeless people who often do not have suitable clothes to wear at discharge. Our goal is to deliver 500+ items to Scripps Mercy Hospital this spring.

Not sure where to purchase your sweats? Walmart, Target, Costco and Amazon have reasonably priced clothing in stock. Monetary donations are always welcome (there are envelopes on the back table).

Our Donation Drive runs through mid-March 2020. The SAC will schedule a time to drop-off our items in late March/early April. Join us on delivery day!

In Service, Tamela Dreyer, Barbara Wilder, Kay Philips, Lynette Blakney, Todd Muffatti

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**PARISH STATISTICS**
Sunday Attendance
2019 Average: 67
2020 Average: 66
Last Week, March 1: 63

**CAMP STEVENS SUMMER 2020**
Summer months will be here before you know it. Consider spending vacation time at Camp Stevens in Julian CA which is one and a half hours northeast of San Diego. Camp Stevens mission aims to inspire, challenge and empower personal, social and environmental transformation. Rooted in the Episcopal Church and our natural world, our core values are openness, gratitude, connections, and wonder.

They offer summer adventure camps and wilderness trips for children and young adults, plus Family Camps. Brochures are available on the back and front tables in the church. For more information and registering for their programs, visit info@campstevens.org
CAMPUS SAFETY
During the 8am and 10:30am Mass the doors to the Parish Hall and the Parish Offices will be locked. If you need to use the facilities during Mass please see an usher who will direct you to the available bathrooms.

BRING YOUR FAVORITE TREAT FOR COFFEE HOUR
You can help to make our coffee hour after the 8:00am and 10:30am Mass a special time of fellowship by signing up to bring a favorite treat. Choose your Sunday and bring a treat to share such as fruit, bagels and cream cheese, coffee cake, pie, muffins. A sign up sheet is next to the plastic cutlery. Make our coffee hour a “TREAT”.

See Kay Phillips or Judy Mowers if you would like a cake celebrating a special birthday, anniversary, baptism, etc. or for other inquiries please contact: Louise Lawson in the Parish Office at 619-298-7729.

THE PULSE OF THE PARISH
“Listen.” Thus begins the Rule of St. Benedict, and here at All Saints’ the Rector, Wardens, & Vestry are committed to following his example in order to open lines of communications with all our Parishioners. With this in mind, please feel free to let us know your suggestions, concerns, & questions using the Pulse of the Parish suggestion box located in the Parish Hall. The Senior Warden will manage and relay all messages to Vestry for consideration.

ALCOHOLICS ANONYMOUS
All Saints’ is pleased to host four AA meetings each week:

Experience, Strength and Hope
Monday at 6:00pm — Parish Hall

Ladies’ Group
Friday at 8:00pm — Fireside Room

Men’s Group
Friday at 8:15pm—Parish Hall

Little Apple Group
Sunday at 7pm—Parish Hall.

For more information please contact the Parish Office.
**Birthday Prayer**
Many happy returns of the day of thy birth,  
May seasons of joy be given.  
May God in his mercy prepare you on earth  
For a beautiful birthday in Heaven.   *Amen.*

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### Parish Calendar
**Monday, March 9, to Sunday, March 15, 2019**

<table>
<thead>
<tr>
<th>DAY</th>
<th>Time</th>
<th>Event/Location</th>
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<tbody>
<tr>
<td>MONDAY</td>
<td>6:00pm</td>
<td>A.A. Group (Parish Hall)</td>
</tr>
<tr>
<td>TUESDAY</td>
<td>11:00am</td>
<td>Lenten Study (Library)</td>
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<tr>
<td></td>
<td>Noon</td>
<td>MASS (St. Mary Chapel)</td>
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<tr>
<td>WEDNESDAY</td>
<td>Noon</td>
<td>Noon Prayer (St. Mary Chapel)</td>
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<tr>
<td></td>
<td>6:30pm</td>
<td>Contemplative Prayer-St. Mary Chapel</td>
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<tr>
<td>THURSDAY</td>
<td>Noon</td>
<td>Noon Prayer (St. Mary Chapel)</td>
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<tr>
<td>FRIDAY</td>
<td></td>
<td>Noon Prayer (St. Mary Chapel)</td>
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<tr>
<td></td>
<td>12:30pm</td>
<td>Way of the Cross Pilgrimage (Church)</td>
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<td>1:00pm</td>
<td>Potluck Lunch (Flower Room)</td>
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<td></td>
<td>8:00pm</td>
<td>A.A. (Ladies)- Fireside Room</td>
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<tr>
<td></td>
<td>8:15pm</td>
<td>A.A. (Men)—Parish Hall</td>
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<tr>
<td>SUNDAY</td>
<td>8:00am</td>
<td>LOW MASS</td>
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<td></td>
<td>10:30am</td>
<td>SOLEMN MASS</td>
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<tr>
<td></td>
<td>7:00pm</td>
<td>A.A. (Little Apple Group)—Parish Hall</td>
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*The Third Sunday in Lent*

<table>
<thead>
<tr>
<th>Next Sunday's Readings</th>
<th>First</th>
<th>Exodus 17:1-7</th>
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<tbody>
<tr>
<td><em>Psalm</em></td>
<td>95:6-11</td>
<td></td>
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<tr>
<td>Second</td>
<td>Romans 5:1-11</td>
<td></td>
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<tr>
<td>Gospel</td>
<td>John 4:5-26, 39-42</td>
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THE PRAYERS OF THE PEOPLE
March 8, 2020—March 14, 2020

Today’s Mass is offered to the greater glory of God, Father, Son, and Holy Spirit, and with special intention for those afflicted with the coronavirus in the United States and all other nations and for their doctors and caregivers.

AND WITH BLESSINGS FOR: We pray for thy Holy Catholic Church throughout the world. We pray for the Anglican Communion and Justin, Archbishop of Canterbury; for the Episcopal Church and Michael, Presiding Bishop, Susan our Bishop; and Carlos our rector. We pray for this parish and we also pray for the clergy and people of Sts. Peter and Paul in El Centro.

FOR THOSE SERVING THE COUNTRY: We pray for our Armed Forces serving at home and abroad and for the family and friends who await their safe return. In this parish we pray for: Samuel, Jonathan, Sue, Mark, Alvin, William, Patrick, Dirk, Ethan, and Kyle. We also pray for the Officers, Crew, and families of the USS Cape St. George, home ported in San Diego.

FOR OUR LOCAL COMMUNITY: We pray for this community, and all who live and work in this area, for our own families, and for our Parish family, that we may grow in faith and love. We pray for all prisoners and captives. We pray for the staff, the children and their families of All Saints’ Preschool and we pray for the staff of the Women, Infants and Children Center and the families they serve. We also pray for those who are unemployed or homeless.

FOR THOSE WHO ARE ILL OR INJURED, FOR THOSE IN NEED OF THE HOLY SPIRIT’S GUIDANCE & COMFORT: Lord, send the Holy Spirit, the comforter to all who are in trouble, sorrow, need, sickness, and those who have asked for our prayers. We especially pray today for: Richard (Priest), Ted (Priest), Jim (Priest) Angela, Delaney, Emily, Bernadette, Christine, Stephen, Jo Darlene, Lois, Denise, John, Cindy, Edith, Mrs. Tsui, Michael, Jack, Craig, Pamela, Scott, Joanna, Ellen, Judy, Joan, Victoria, Richard, Mitchell, Melanie, Preston, Grace, Camden, Sue, Randy, Gaby, Ryan, Tony, Mina, Larry, Bonnie, Laura, Jason, Jennifer, Kathy Anne, Betty, Barbara, Maria Teresa, Paul, Wayne, and Alina,

AND FOR THOSE WHO HAVE DIED RECENTLY, especially Lois Perkiss,

AND THOSE WHOSE ANNIVERSARIES OCCUR AT THIS TIME: Josh Lindenmeier, Floyd E. Holland, Carol Philips, Edward Bonney, Doris S. Cutler, Robert Lawrence, Raymond G. Eastham, Ruth Smallingan, Annabelle Park, Delores Stephens, Ying Hing Tsui, Etta Belvin.
# All Saints’ Episcopal Church

625 Pennsylvania Avenue  
San Diego, CA 92103-4321  
Phone: (619) 298-7729  
Fax: (619) 298-7801  
Email: info@allsaintschurch.org  
Website: www.allsaintschurch.org  
Office Hours: Mon. - Fri: 9:00am - 1:00pm

**Rector:** The Rev. Carlos Expósito  
rector@allsaintschurch.org

<table>
<thead>
<tr>
<th>PARISH STAFF</th>
<th>ALL SAINTS’ VESTRY</th>
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</table>
| Parish Administrator:  
Mrs. Louise D. Lawson  
administrator@allsaintschurch.org | Sr. Warden  
Mr. Cree Craig |
| Business Administrator:  
Mrs. Theresa Krist  
finance@allsaintschurch.org | Mr. Derek Fish |

**MUSIC**

Organist & Choirmaster:  
Robert MacLeod

Soprano: Elizabeth Gaitan  
Alto: Lois Myers  
Tenor: Dennis Williams  
Baritone: John White

**ALL SAINTS’ PRESCHOOL**

3674 Seventh Avenue  
San Diego, CA 92103-4321  
Director: Mrs. Renika Battles  
Phone: (619) 298-1671  
www.sdallsaints.com

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<thead>
<tr>
<th>ALL SAINTS’ VESTRY</th>
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| Sr. Warden  
Mr. Cree Craig |
| Mr. Derek Fish |
| Treasurer:  
Mr. John Gray III |
| Mr. Blair Lawson  
Ms. Ruby Littler  
Mrs. Lucretia Locke  
Mr. Todd Muffatti  
Mrs. Kay Phillips  
Ms. Laura Shell  
Ms. Teri Tremper  
Ms. Barbara Wilder |
| Clerk:  
Ms. Maureen Gardiner Moore |
| Facilities:  
Mr. Leo Rocca |

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www.facebook.com/allsaintssandiego