



# ALL SAINTS' CHURCH

*"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."*

**Our Vision:** *"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."*

## THIS SUNDAY — August 1 & Beyond

### No More Hunger and Thirst, but First...



Eating and drinking water are two essential needs for most animals, including us humans, to stay alive and healthy. Throughout the ages, the urge to satisfy these two needs has been both an incentive and a

plight of civilization. It has made possible the advance of technology to produce more food and provide water reservoirs, but at the same time the inequalities among the different strata of society have widened the gap between those who have plenty, even too much of both food and water, and those who have a scarcity or even a total lack of both.

Having access to food and water was a problem for most people in Jesus' times. And it is still a problem for a lot of people in third-world countries, even for some people in the most advanced societies, like our own. It has been predicted that unless we do something serious about the ongoing environmental deterioration, access to drinking water will become a major issue for the world in the decades to come.

If someone found a solution to the hunger and thirst of these large masses of people, that someone would be solving a major problem in this world. What analysts of the situation have been saying is that some regions need to develop their resources tremendously for this to happen, and that world-wide cooperation is much needed in this respect.

The multitude that Jesus fed in the wilderness got the impression that they had found someone who could solve their hunger problem for good. They were so impressed by the wonder of their abundant feeding that they wanted to stick around Jesus, and probably make Him a king. They did not realize that Jesus' mission had a much wider scope. It was so wide that it could not be grasped by human standards.

When we become the slaves of our immediate biological needs, we stay at the animal level. Unfortunately, there are people in this world that have not been given the opportunity to move beyond that level, mainly due to the lack of compassion and solidarity of those who have the means to help them.

But there are people who do not want to move out of that level, even when they could. The people who Moses led out of servitude in Egypt through the wilderness towards the promised land were always complaining of the lack of enough food and drink. They even missed the abundance they had when they were slaves. God knew their weakness and provided them with meat and bread. But the mere satisfaction of immediate hunger and thirst will never make us free to be fully human, and a true image of the divine.

There is a hunger and thirst that has been implanted in the deep recesses of our being by the Creator Himself. It is the hunger and thirst for God. This is what constantly drives us to becoming what we already are, a beloved creature of God, a creature made into His likeness and image, with an enormous creative and loving potential that will enable us to solve the real hunger and thirst in this world. Only by becoming like Christ can we satisfy this deep hunger and thirst.

In his letter to the Ephesians, Paul urges his readers to clothe themselves with the new self, created according to the likeness of God in true righteousness and holiness.

As long as the forces of this world remain self-centered, there will always be people who go hungry and thirsty. Only through a deep change of conscience that leads us

all towards an awareness of our intrinsic unity and equality in terms of rights and dignity, can a real change be made that will put an end to this scarcity and lack.

But the only way this will happen is if we all feed on the Bread of Life first, on Him Who will satisfy our innermost hunger and thirst for the true God, the God that will make us free of our egocentric bonds and expand our conscience to embrace all our fellow human beings, all of creation, in a joint effort to do away with the hunger and thirst in the world.

Fr. Carlos E. Expósito, Rector

Readings for this Sunday – The Tenth Sunday after Pentecost

Exodus 16:2-4, 9-15 Psalm 78:14-20, 23-25 Ephesians 4:17-25 John 6:24-35`

### CALENDAR

Note: We are worshipping in our historic church. The service will also be on Zoom. The service time is 10am. Tuesday Noon Mass and Friday Morning Prayer are held in All Saints' St. Mary Chapel.

**SUNDAY** The Tenth Sunday after Pentecost  
10:00am Mass in All Saints' Church  
Join Zoom Meeting from our web site at [www.allsaintschurch.org](http://www.allsaintschurch.org)  
Recording of Mass available before noon at [www.allsaintschurch.org](http://www.allsaintschurch.org)

**TUESDAY** Noon Mass in St. Mary Chapel

**FRIDAY** 10:00am Morning Prayer in St. Mary's Chapel

**SATURDAY** Societies of Mary Day of Devotion  
11:00am Rosary (St. Mary Chapel)  
11:30 Mass (St. Mary Chapel)  
Noon Potluck Lunch (Parish Hall)

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## **OUR CORE VALUES:**

- Welcoming Strangers like Old Friends
- Embracing the Anglo-Catholic tradition
- Being Dependable Members of a Caring Community
- Respecting Each Other's Differences
- Being Faithful Stewards of God's Gift
- Remembering that God Loves Everyone Unconditionally

**An Anglo-Catholic Parish in the Episcopal Diocese of San Diego**  
[www.allsaintschurch.org](http://www.allsaintschurch.org)