

FOR ALL THE SAINTS

February | March 2020



Remain here and keep watch with me (Matthew 26:38)

ALL SAINTS' MISSION STATEMENT

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."



Agony in the Garden by Andrea Mantegna (c. 1470)

IN THIS ISSUE

From Your Rector

“Ready to Turn?”	1
------------------------	---

Parish Calendar of Events

February.....	5
March.....	7

Parish Life

Social Action Committee.....	10
Memorial Garden Spring Update.....	11
Upcoming Events.....	13
A Special Invitation.....	14

Commemorations

St. Matthias the Apostle.....	15
St. Joseph, Guardian of our Lord.....	17

Music

Bountiful, Utah High School A Capella Choir.....	19
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Parish Life

Photos of the 2020 Annual Meeting.....	20
The 2020 Vestry in a “Lighter Moment”.....	23

FROM YOUR RECTOR

Ready to Turn?



As the Season after Epiphany comes to its end with the glorious manifestation of Jesus' divine nature and the confirmation of His salvific mission in the Transfiguration at the mount, we start to get ready for Lent, the season of turning to God, repenting, and being ready to die to our old life of sin and death and be resurrected to His abundant everlasting life together with Him on the Easter Vigil, the turning point of the

Christian Year, the mark of the end of the reign of darkness and separation from the Source of loving life, and the beginning of a new transformed way of existence, in the assurance of Christ's unconditional life-giving love that not even death can conquer or defeat.

But before we get to that longed for turning point, we need to start our own gradual turning.

Nothing really lasting can come out of skipping stages in our lives. Psychologists know well how people who skip part of their childhood or adolescence to become adults before time (in most cases because circumstances have forced them to do so) turn out to be people who, at some point, show that their lives skipped that stage. Even when they may show an outward maturity, they often try to live those missed stages when it is no longer suitable, and they act in ways that do not correspond to their ages anymore.

So it may happen to hurried Christian converts. Not that we can make a rule of it, because when it comes to the way the Holy Spirit acts, no one can ascertain what the path is. But generally speaking, we all need time to reflect on what we really want in our lives, on what our lives have been so far and how different and much more like Christ's life we

FROM YOUR RECTOR

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want them to be. Then we need a lot of strength and support to make that change possible. That strength and support comes mainly from the Holy Spirit, but also from our community, from our companion pilgrims on the way to Christ.

And we may fall back into our old habits again. Habits are so hard to break. They are addictive! We are not only referring to addictive substances like alcohol, nicotine and others, but mainly to those recurrent things we think, say and do that keep us away from the path of God's love. It may be our clinging to material possessions and ambition for more, our love of fame and social standing, or worst and most dangerous of all, our false notions of spiritual superiority.

The Church knows this and that is why we have the liturgical seasons every year. We need to be reminded of Christ's passion, death and resurrection again and again. We need to live out these moments of anguish and glory with Him, because this is the only way they can become ingrained in our lives, and hopefully, finally transform us into His likeness.

Lent is the season for turning. It tells us to stop living like automatons and take an honest look at our own lives. It helps us to go deeper and realize what needs to be changed, what we need to get rid of, what our priority goals as Jesus' disciples should be. But this is not an easy task. So we need resources to help us on the way.

The Lent Season begins with the reminder that our biological life is finite, and thus helps us to start focusing on the transcendent life. That reminder is not meant to demean our life here on earth, but to realize its limitations, its finitude, and to draw our main attention out of our limited selves and into the greater picture, Christ's picture, His all-encompassing loving life as the model to follow and imitate. The spiritual disciplines have been devised as aids along the path to spiritual maturity. They include the daily reading of Scripture passages and meditation on them, daily times devoted to prayer, fasting, and giving out some of our time and possessions to those in need, among other practices.

But whatever practices we decide to undertake, we must always do so in total honesty and humility, and they must spring forth from the real desire of our hearts. There is no way we could deceive God or ourselves, even if we try to deceive others.

FROM YOUR RECTOR

(continued)

All Saints' Episcopal Church is already offering corporate worship and prayer times that may help us along this path. Apart from the main Sunday services, we have masses every Tuesday at noon and every first Saturday of the month at 11:30 a.m. in the Chapel. We have Noonday Prayer in the Chapel every Wednesday, Thursday and Friday. We have contemplative prayer every Wednesday in the Chapel at 6:30 p.m., and the Rosary every first Saturday of the month at 11 a.m. in the Chapel too.

During Lent, we will have study sessions in the library every Tuesday at 11 a.m., and we are inviting all those who can attend to take part and stay for the noon mass as well. These sessions are meant to give us deeper insights into our spiritual development as part of the call to become better disciples of our Lord Jesus, in accordance with our Presiding Bishop's proposed Way of Love practices.

We will also have the Way of the Cross pilgrimage in the church every Friday after the Noonday Prayer, at 12:30 p.m., which will be followed by a potluck luncheon in the flower room.

A booklet with Lenten daily devotions prepared by the Episcopal Relief and Development Organization will be available for every parishioner at the beginning of the season, and all are encouraged to make use of it at home.

Confession of our sins has always been the practice of the Christian Church. We need to open our hearts and minds to our Creator and tell Him what weighs heavily on them, and have the real intention to turn to Him, so that He can cleanse us from all those burdens and we may start anew in His path. Confession to a priest has also been a part of the tradition of the Church. Some people need this kind of confession in order to feel relieved and assured of their forgiveness. Priests are especially trained to hear confession and as part of their vows they are required to keep what they hear in confession to themselves. When a priest gives absolution, he is not referring to his personal forgiveness but to God's.

FROM YOUR RECTOR

(continued)

Although this has not been a popular practice with Episcopalians, the rite does exist in the Book of Common Prayer and all those needing it can simply ask the priest for confession time. It is especially encouraged during Lent, but it can be used all year round.

We are aware that not everyone can attend all these worship and prayer times or undertake all these practices. People have to work and attend to their daily needs. But Lent is also calling us to a halt in our routines, whenever this halt is feasible. That is an essential part of our turning. Breaking habits is always hard. But when it comes to our spiritual development it is more than worthwhile trying, and trying hard.

So, are we ready to turn?

Fr. Carlos D'Agostino

PARISH CALENDAR EVENTS

February

1	Societies of Mary <i>All are welcome to join the Societies of Mary for their monthly day of devotion, beginning in the Chapel with Rosary at 11:00am with Mass to follow. After which we will adjourn to the Parish Hall for a potluck luncheon.</i>	11:00am
2	The Feast of the Presentation of our Lord (Candelmas) Mass Procession and Solemn High Mass	8:00am 10:30am
4	Mass	Noon
5	Noon Prayer Contemplative Prayer	Noon 6:30pm
6	Noon Prayer	Noon
7	Noon Prayer	Noon
9	The Fifth Sunday after the Epiphany Mass Solemn Mass	8:00am 10:30am
11	Mass Finance Committee Meeting	Noon 6:30pm
12	Noon Prayer Contemplative Prayer	Noon 6:30pm
13	Noon Prayer	Noon
14	Noon Prayer	Noon

PARISH CALENDAR EVENTS

Febtuary

16	The Sixth Sunday after the Epiphany	
	Mass	8:00am
	Solemn Mass	10:30am
18	Mass	Noon
	Vestry Meeting	7:00p
19	Noon Prayer	Noon
	Contemplative Prayer	6:30pm
20	Noon Prayer	Noon
21	Noon Prayer	Noon
23	The Last Sunday after the Epiphany	
	Mass	8:00am
	Solemn Mass	10:30am
25	St. Matthias, the Apostle	
	Mass	12:00pm
26	Ash Wednesday	
	Mass with Imposition of Ashes	7:00am
	Mass with Imposition of Ashes	Noon
	Solemn Mass with Imposition of Ashes	7:00pm
27	Noon Prayer	Noon
28	Noon Prayer	Noon
	Way of the Cross Pilgrimage	12:30pm
	Potluck Luncheon	1:00pm

PARISH CALENDAR EVENTS

March

1	The First Sunday in Lent	
	Mass	8:00am
	Solemn Mass	10:30am
3	Lenten Study Session led by Fr. Carlos Expósito	11:00am
	Mass	Noon
4	Noon Prayer	Noon
	Contemplative Prayer	6:30pm
5	Noon Prayer	Noon
6	Noon Prayer	Noon
	Way of the Cross Pilgrimage	12:30pm
	Potluck Luncheon	1:00pm
7	Societies of Mary	11:00am
	<i>All are welcome to join the Societies of Mary for their monthly day of devotion, beginning in the Chapel with Rosary at 11:00am with Mass to follow. After which we will adjourn to the Parish Hall for a potluck luncheon.</i>	
8	The Second Sunday in Lent	
	Mass	8:00am
	Solemn Mass	10:30am
10	Lenten Study Session led by Fr. Carlos Expósito	11:00am
	Mass	Noon
	Finance Committee Meeting	6:30pm
11	Noon Prayer	Noon
	Contemplative Prayer	6:30pm

PARISH CALENDAR EVENTS

March

12	Noon Prayer	Noon
13	Noon Prayer Way of the Cross Pilgrimage Potluck Luncheon	Noon 12:30pm 1:00pm
15	The Third Sunday in Lent Mass Solemn Mass	8:00am 10:30am
17	Lenten Study Session led by Fr. Carlos Expósito Mass Vestry Meeting	11:00am Noon 7:00pm
18	Noon Prayer Contemplative Prayer	Noon 6:30pm
19	Noon Prayer	Noon
20	Noon Prayer Way of the Cross Pilgrimage Potluck Luncheon	Noon 12:30pm 1:00pm
22	The Fourth Sunday in Lent (Rose Sunday) Mass Solemn Mass	8:00am 10:30am
24	Lenten Study Session led by Fr. Carlos Expósito The Annunciation of Our Lord Mass	11:00am Noon

PARISH CALENDAR EVENTS

March

25	Noon Prayer Contemplative Prayer	Noon 6:30pm
26	Noon Prayer	
27	Noon Prayer Way of the Cross Pilgrimage Potluck Luncheon	Noon 12:30pm 1:00pm
29	The Fifth Sunday in Lent Mass Solemn Mass	8:00am 10:30am
31	Lenten Study Session led by Fr. Carlos Expósito Mass	11:00am Noon

PARISH LIFE

Social Action Committee News

Thank you to everyone who filled out our survey! If you missed it, blank copies are available on the table at the back of the church. We welcome your input and want to hear your voice as we move forward with Social Action projects in 2020. You may return the survey to one of us or put it in the Social Action donation box on the back table in the church.

Thank you again for your participation in our ongoing Sweats and T-shirt project with Scripps Mercy. All Saints' 45-Day Sweats and T-Shirt Drive begins Sunday, February 2, 2020. We are in our third year of this ministry and encourage you to become involved as you are able. This year-round effort helps to clothe the 750+ homeless individuals that utilize the Scripps Mercy Hospital ER services each month.

Partnering with Scripps Mercy offers us an opportunity to do good works in a tangible way that meets the needs of homeless people who often do not have suitable clothes to wear at discharge. Although winter temperatures are warming up, our cool nights and rain showers affect those living on the streets. Our goal is to deliver 500+ items to Scripps Mercy Hospital this spring.

Not sure where to purchase your sweats? Walmart, Target, Costco and Amazon have reasonably priced clothing in stock. Monetary donations are always welcome (there are envelopes on the back table).

Our Donation Drive runs through mid-March 2020. The SAC will schedule a time to drop-off our items in late March/early April. Join us on delivery day!

In Service,
All Saints' Social Action Committee
Tamela Dreyer, Barbara Wilder, Kay Phillips, Lynette Blakney, Todd Muffatti

PARISH LIFE

Memorial Garden Spring News



PARISH LIFE

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Our Memorial Garden has a new addition! Todd Muffatti's sculpture has now been mounted on the back fence. Plantings will be added to the fence to enhance the design in the near future. A new metal sculpture will be placed around the olive tree soon with special thanks to Bob Gromofsky, who fabricated it and has donated it to add to the beauty of our garden.

The winter rains have been so beneficial to the plants, but also enhanced the growth of the weeds. The garden has been newly weeded and plants have been pruned back to await their reawakening next year. I look forward to Spring and the new growth of the garden after the coolness of the winter.

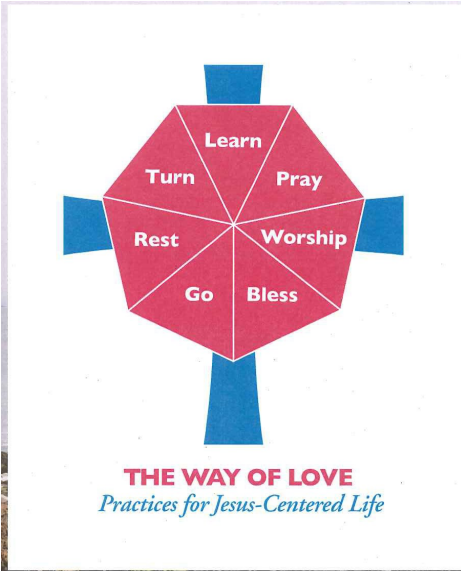
As always, you are encouraged to view and renew yourself by visiting your garden which is still providing prolific blooms and greens to adorn our altar each week.

Sue Johnston

PARISH LIFE

Upcoming Events

LENTEN STUDY GROUP



A Lenten Study group will meet at 11am in the Library to study *The Way of Love*, lead by Fr. Carlos, during the five Tuesdays in Lent, starting on Tuesday, March 3. Copies of the curriculum will be available. If you are unable to attend, but would like participate in the study at home [click](#) here for a copy.

FELLOWSHIP TIME – Saturday, February 15 from 5pm to 7pm Parish Hall



Derek Fish and Stephanie Beck-Fish are planning the event. It will be a time for sharing food, music, poems, stories and maybe jokes. And most of all to have a good fellowship time.

PARISH LIFE

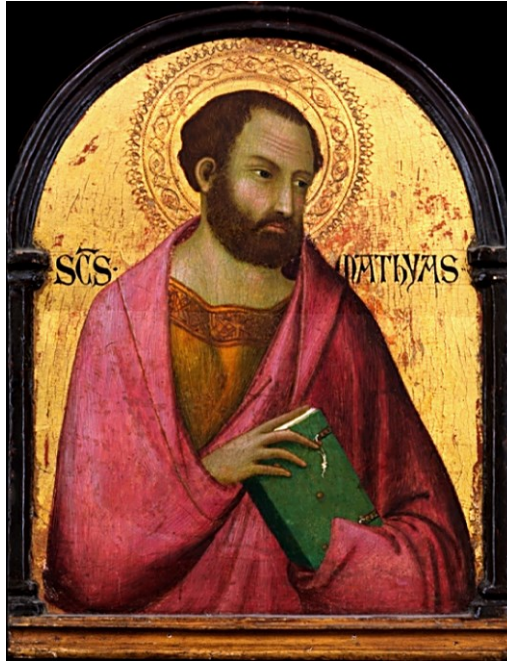
A Special Invitation

The San Diego County Board of Supervisors invited Fr. Carlos to give the invocation at their meeting on Tuesday January 28, 2020. Fr. Carlos accepted their invitation, was warmly received that morning and thanked for his delivery of a beautiful invocation. Below are two pictures from the event. Fr. Carlos is pictured with Chairman Greg Cox.



COMMEMORATION

St. Matthias, the Apostle



Saint Matthias from the workshop of [Simone Martini](#)

Saint Matthias, (flourished 1st century AD, Judaea; d. traditionally Colchis, Armenia; Western feast day February 24), the disciple who, according to the biblical Acts of the Apostles 1:21–26, was chosen to replace Judas Iscariot after Judas betrayed Jesus.

Jesus' choice of 12 Apostles points to a consciousness of a symbolic mission—originally there were 12 tribes of Israel—that the community maintained after the Crucifixion. Acts reveals that Matthias accompanied Jesus and the Apostles from the time of the Lord's Baptism to his Ascension and that, when it became time to replace Judas, the Apostles cast lots between Matthias and another candidate, St. Joseph Barsabbas. St. Jerome and the early Christian writers Clement of Alexandria and Eusebius of Caesarea attest that Matthias was among the 72 disciples paired off and dispatched by Jesus. Soon after his election, Matthias received the Holy Spirit with the other Apostles (Acts 2:1–4). He is not mentioned again in the New Testament.

COMMEMORATION

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It is generally believed that Matthias ministered in Judaea and then carried out missions to foreign places. Greek tradition states that he Christianized Cappadocia, a mountainous district now in central Turkey, later journeying to the region about the Caspian Sea, where he was martyred by crucifixion and, according to other legends, chopped apart. His symbol, related to his alleged martyrdom, is either a cross or a halberd. St. Helena, mother of the Roman emperor Constantine the Great, reputedly transported Matthias' relics from Jerusalem to Rome.

From: [Encyclopedia Britannica](#)

COMMEMORATION

St. Joseph, Guardian of our Lord



Saint Joseph with the Infant Jesus by Guido Reni, c. 1635

All that we know of Joseph we learn from the first two chapters of Matthew and of Luke. Otherwise he is mentioned only in passing in Luke 3:23; John 1:45; John 6:42 as the supposed father of Jesus. (Mark does not mention him at all.)

In the face of circumstances where a man of lesser character might have reacted very differently, Joseph graciously assumed the role of Jesus' father. He is well remembered in Christian tradition for the love he showed to the boy Jesus, and for his tender affection and care for Mary, during the twelve years and more that he was their protector.

Joseph was a pious Jew, a descendant of David, and a carpenter by trade. (The Gospels use the Greek word TEKTON, which means "builder," as in "architect." It has been suggested that he may have been a mason or a metalworker, or a building contractor. In favor of the

COMMEMORATION

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traditional translation, we have a remark in the writings of Justin Martyr, who was born in Palestine, probably around 100, and who tells us that he has seen plows and ox-yokes still in use which were said to have been made in the carpenter-shop at Nazareth. We may not believe that the particular claims were all accurate, but they are testimony to what the Christians of Palestine in the early second century believed that Joseph's occupation had been, and this may be an idea continuously handed down in the community there since the early first century.) Because of the silence of the Gospels, and because Jesus entrusted Mary to the care of John, it is generally believed that Joseph died a natural death after the visit to Jerusalem when Jesus was twelve (Luke 2:41-51), but before the Baptism of Jesus when He was thirty. Joseph's influence during those early years must have been tremendous. When Jesus spoke of God as being like a loving Father, He was using a word that he had first learned as a child to apply to Joseph. Joseph stands as a testimony to the value of simple everyday human things, and especially that human thing called "fatherhood.

From James Kiefer BIO's

MUSIC

Bountiful Utah High School A Capella Choir



On Wednesday, April 1 at 3:00pm The Bountiful Utah High School A Cappella Choir, under the direction of Larry R. Smith, will give a 30 minute choral program at All Saints' Episcopal Church.

The A Cappella choir is at the highest level of quality choral groups in the Salt Lake City, Utah area. They have consistently received "Superior" rankings at numerous concerts and festivals. In Southern California they have performed at St Sophia Cathedral, Los Angeles Temple Visitors Center, Disneyland, Universal Studios, Hollywood Bowl, Wayfarers Chapel-Rancho Palos Verdes, NBA Los Angeles Clippers – National Anthem, Crystal Cathedral, St Paul's Cathedral, Immaculate Conception Church, Spreckles Organ Pavilion, U.S.S. Midway Museum, Wrigley Stage at Catalina Island.

Larry R. Smith, the choir's director, has taught choral music in the public schools for over twenty-five years. At his current position at Bountiful High School, he conducts seven choirs in which more than 500 students participate. He received his training through Berklee College of Music in Boston, and the University of Utah in Salt Lake City, where he received his degree of Master of Music.

We are very pleased that they have chosen All Saints' as one of their venues in San Diego. Please mark your calendars to hear their 30 minute a cappella concert on Wednesday, April 1 at 3:00pm. Invite your friends and neighbors.

PARISH LIFE

Annual Meeting — January 26, 2020

Pictures by Stephanie Beck-Fish



PARISH LIFE

Annual Meeting — January 26, 2020

Pictures by Stephanie Beck-Fish



PARISH LIFE

(continued)



PARISH LIFE

Annual Meeting — January 26, 2020



PARISH LIFE

The 2020 Vestry in a “Lighter Moment”





ALL SAINTS' EPISCOPAL CHURCH

625 Pennsylvania Avenue

San Diego, CA 92103-4321

Phone: (619) 298-7729 **Fax:** (619) 298-7801

Email: info@allsaintschurch.org

Website: www.allsaintschurch.org

Office Hours: Mon - Fri: 9:00 AM - 1:00 PM

Rector: The Rev. Carlos Expósito

rector@allsaintschurch.org

PARISH STAFF

Parish Administrator: Mrs. Louise D. Lawson

administrator@allsaintschurch.org

Business Administrator: Mrs. Theresa Krist

finance@allsaintschurch.org

Organist & Choirmaster: Robert MacLeod

ALL SAINTS' PRESCHOOL

3674 Seventh Avenue

San Diego, CA 92103-4321

Director: Mrs. Renika Battles



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